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Collagenase Activity in Gingival Tissues in Periodontal Disease

Nopakun, J.*



Introduction

Periodontal disease is one of the most common diseases and a major problem among the oral diseases. It is also the main cause of tooth loss in adults which accounts for about 40% of the total extraction in the United States.⁽¹⁾ Loss of the teeth, however, is apparently to be the terminal state of the process that begun in adolescence.⁽²⁾ In general, we divide periodontal disease into three major states; dental plaque formation, gingival inflammation, and collagen degradation and alveolar bone loss.⁽³⁾ An alveolar bone loss is a crucial state of the disease with regard to tooth loss.

It is almost certain that bacteria and its product are a potential etiologic agents and are essentially the major virulence factors in the initiation of periodontal disease.⁽⁴⁾ However, host responses to bacterial infection, such as inflammation, immune response, also play a critical role in regulated the course of periodontal infection.⁽⁵⁾ Genco⁽⁵⁾ proposed that the pathogenesis of periodontal disease involved four states; colonization, invasion, destruction, and healing.

The pathogenic bacteria, however, should have almost all of this distinctive which may enable them to colonize the host, to remain alive in the periodontal pocket and to penetrate the gingival tissues despite potentially effective defense mechanisms of the host.⁽⁴⁾

The role of bacteria or its product in periodontal disease is apparently complex and not yet fully understood. It is evidently that *Bacteroides gingivalis* and *Actinobacillus actinomyces comitans* appear to be more potent than other periodontal organism.⁽⁴⁾ They have been implied in many cases of severe adult periodontitis and juvenile periodontitis, respectively.^(4,6)

Collagen, the most abundant protein in the body, is the major organic structural component of the extracellular matrix. Collagen is subject to a normal turnover. In-born collagen is resist to digest by most proteolytic enzymes but is promptly degraded by specific tissue collagenase including bone collagenase^(7,8) and bacterial collagenase.^(9,10) The normal degradation of collagen at any one site may control locally that collagenase

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is present at concentration that are of physiological significant in collagen remodeling.⁽¹¹⁾ Tamayo et al.⁽¹²⁾ stated that the local control of collagen degradation in mammals *in vivo* is depends on three factors; the rate of active collagenase synthesis and/or of activation of inactive enzyme precursors, the action of serum and/or tissues inhibitors, and the different combination of the both factors. It has already known that serum component such as α_2 macroglobulin, β_1 anticollagenase⁽⁹⁾ and α_1 antitrypsin⁽¹¹⁾ are collagen inhibitors.

Because of its widely distribution in tissues, collagenase is thought to be an important factor in the massive degradation of gingival collagen in periodontal disease. However, the question about the source of collagenase in the tissues during pathological condition remains unsettle. Collagenase may originate from bacteria⁽⁴⁾ epithelial cells or connective tissue cells of gingivae. Periodontal disease is also consider as an inflammatory disease which are characterised by infiltration of numerous cells such as leukocytes and macrophage. These cells have been demonstrated capable of producing collagenase.^(13,14)

This paper will try to focus on some reports of collagenolytic activity in periodontal tissues particularly in gingival tissues. The possible relationship between collagenase activity and inflammatory cells

Mammalian and Bacterial Collagenase

Collagenolytic activity was first reported in the tissue culture of bullfrog tadpole tissues, skin, gut, and gills.⁽¹⁵⁾ It has been detected later in many mammalian cells and tissues⁽⁹⁾ as well as oral tissues.^(16,17) Generally, collagenase are all extracellular enzyme, molecular weight 30,000-80,000,

with optimal pH at neutral and require both Ca^{2+} ^(9,17) and Zn^{2+} ⁽⁹⁾ Human gingival collagenase, from culture fluid, has a molecular weight of about 40,000.⁽¹⁷⁾ It is increasingly evident that collagenase exist in both latent or inactive form and active form.⁽¹⁸⁾

Mammalian collagenase attack collagen molecule at specific site, producing the N-terminal three-quarter fragment and C-terminal one-quarter fragment.^(9,16) Once initial cleavage has been made on collagen molecule. It is likely that proteolytic enzyme, such as elastase or neutral protease, will further hydrolyzed collagen molecule completely.

Bacterial collagenase, however, cleave collagen at multiple sites and almost totally degraded collagen molecule into a small product that can not be detected on the gel.^(9,19) *Bacteroides melaninogenicus* and *Clostridium histolyticum* which are abundant in the gingival crevice can produce collagenase.⁽¹⁰⁾ Collagenase originated from bacteria, however, is not much enough to account for the observed destruction of gingival collagen. So, the endogenous collagenase may play major role in tissue destruction.

Collagenase in Gingival Tissue.

Collagenolytic activity in gingival tissue had been found firstly by Gibson and Fullmer.⁽²⁰⁾ They characterized it as a heat-labile factor produce from viable cells which can reduce the viscosity of collagen solution. Pure gingival epithelial cells and pure inflamed gingival connective tissue have been found to produce collagenase on culture.⁽¹⁶⁾ Collagenase was demonstrated subsequently in both viable and frozen and thawed gingival tissue from patients with acute and

chronic inflamed gingiva⁽²¹⁻²³⁾ but could not be detected in healthy gingiva.⁽²²⁾

Collagenase activity can be found in gingival crevice and periodontal pocket. It was shown that collagenolytic activity in crevicular fluid was positively correlated with the severity of periodontal disease.^(24,26) Collagenase in crevicular fluid was found to originate from adjacent gingival tissue.^(16,24,26) Enzymatic activity of collagenase as well as neutral protease were increased in gingival crevice during an experimental gingivitis in man.⁽¹⁰⁾ However, collagenase activity in this experiment was considered to be both tissues and bacteria origin. Recently, collagenase can also be detected in human whole saliva, particularly in saliva from patients with periodontal disease.⁽²⁶⁾

Gingival Tissue Culture Study

Geiger and Harper⁽¹⁹⁾ performed a tissue culture experiment to analyze and to correlate the collagenase activity in gingival tissue with the severity of the periodontal disease. Healthy and inflamed, mildly or severely, gingival tissue were obtained from patients undergoing surgical extraction of impacted teeth and from patients undergoing periodontal treatment. Gingival tissues were explants in the culture medium. The uncontaminated supernatants culture fluid were collected every 24 hours for 6 days. The activity of collagenase was assayed by the release of ¹⁴C-glycine peptides obtained from radioactively-labeled guinea pig skin collagen. It was found that explants of gingivae showing clinically severe inflammation exhibited a considerably highest collagenase activity. This activity was about 3-5 times and two times higher than that activity from non-inflamed gingivae and mildly inflamed gingivae, respectively.

Polyacrylamide gel electrophoresis was used to detect the product of collagen breakdown by these collagenases. The gel electrophoretic exhibited three-fourths and one-fourth fragments which indicated the characteristic of mammalian collagenase. They also found that healthy gingivae secreted relatively low, but constant amounts of collagenase.

This experiment is one of many tissue culture studies that showed the positive correlation between collagenase activity in gingival tissue and the severity of the periodontal disease.

Immunolocalization of Collagenase in Gingival Tissue.

An attempt to localize the distribution of collagenase in inflamed gingival tissues has been done by immunolocalization techniques.⁽²⁷⁾ The gingival tissues from two groups of patients, treated and untreated periodontitis, were fixed and washed in buffer containing a sheep monospecific antibody to human collagenase. The antigen-antibody reaction was examined by the indirect method of immunofluorescence using FITC-labelled rabbit (anti-sheep IgG) immunoglobulins as a marker.

It was found that gingival tissues taken from patients, who had received thoroughly treatment, Gingival Index score of zero and pocketing of 4-6 mm., exhibited insignificant amounts of immunoreactive collagenase. However, a scatter number of inflammatory cells were observed within the tissues. On the contrary, immunoreactive enzyme was detected in four of eight samples taken from patients that received no treatment prior to biopsy, Gingival Index of two and pocket of 4-6 mm.. The clinical signs of chronic inflammation were observed and the speci-

mens showed a lot of inflammatory cells. The distribution of immunoreactive collagenase in tissues were variable. However, it was found to concentrate at the interface between epithelium and connective tissue, particularly at the site of lesion. Moreover, an unidentifiable single cell was also shown to contain immunoreactive enzyme. No immunoreactive collagenase was detected in intact epithelium even in the prolonged culture.

The author suggested that collagenase production by unknown cell in connective tissue may occur briefly at specific site and may regulate by cell-cell interaction.⁽⁹⁾ This transient production probably accounts for an undetectable immunoreactive enzyme in some specimens.

What is(are) the source(s) of collagenase in gingival tissues?

Exogenous collagenase, obviously, originated from some bacteria species in subgingival plaque,^(4,10) but it could be considered to be a minor one. Endogenous collagenase, as mentioned above, is released in connective tissues by unidentified cells. There are a lot of cell types in matrix of gingival tissue, especially fibroblast and inflammatory cells with regard to periodontal disease.

Polymorphonuclear leukocyte (PMN) is a predominant inflammatory cell in acute inflammatory reaction and formation of abscess. PMN is the only cell in the body that has been found to contain collagenase in the granular fraction.⁽¹³⁾ Oronsky et al.⁽²⁸⁾ reported that collagenase precursor is released in large quantity during phagocytosis of aggregated human γ globulin. When experimental gingivitis was performed in man by refraining from tooth brushing for 21 days. It was found that the number

of PMNs in the gingival washing fluid increased markedly.⁽¹⁰⁾ Collagenase, as well as neutral protease, also increased significantly. Positive correlation was found between these two parameters. Moreover, the collagenolytic activity, assayed by gel electrophoresis, of gingival washing fluid and the granular fraction of PMN are almost identical. The author suggested that collagenase in gingival washing fluid probably originated from PMNs.

Macrophages, which predominate in chronic inflammatory lesions, also produce collagenase,⁽¹⁴⁾ such as alveolar macrophages.⁽²⁹⁾ It was demonstrated that macrophages obtained from peritoneal exudate of guinea pig produce collagenase when exposed to bacterial lipopolysaccharide in culture.⁽¹⁴⁾ It was known that *Bacteroides* species which are abundant in subgingival plaque has lipopolysaccharide on its surface. And it has been found that endotoxin can penetrate gingival sulcular epithelium.⁽³⁰⁾ However, it is unlikely to infer this result to that of gingival macrophage.

Fibroblast, which widely distributed normally in extracellular matrix, synthesise and secrete macromolecules, especially collagens.⁽³¹⁾ It has also been reported that fibroblasts taken from bovine gingiva and human skin can produce collagenase in cultures.⁽³²⁻³⁴⁾ More interestingly, Simpson and Mailman⁽³⁵⁾ have found that human gingival collagenase activity was inhibited by human gingival fibroblast culture medium. Both fibroblast and collagenase were obtained from gingival tissues of patients receiving periodontal therapy. Fibroblast culture medium also inhibits collagenase derived from macrophage, monocyte, and lymphocyte. They suggested that gingival fibroblasts during culture produce a coll-

agenase inhibitor. This inhibitor might have an important regulatory function in normal turnover of collagen. Therefore, any alteration of the ratio of inhibitor to collagenase by any stimuli during pathological state might account for an increased in collagenolytic activity follow by the degradation of collagen.

Conclusion

It is almost clear that collagenolytic activity increases in gingival tissues in gingivitis and periodontitis. Enzyme probably concentrated in connective tissues just at the site of active collagen degradation. Positive correlation between collagenase activity and inflammatory cells were reported but the source of collagenase still uncertain. Fibroblast produce either collagenase or collagenase inhibitor in such a way that it can regulate the normal turnover of collagen. On the other hand, polymorphonuclear leukocytes and macrophages which predominant in inflammatory reaction can produce collagenase and probably be the most likely source of collagenase that responsible for massive destruction of collagen in periodontal disease.

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